



Pastor Titus A. White, Sr.

Wednesday, February 19, 2025

WOW – Word on Wednesday

Body Armor *Ephesians 6:10-12*

Intro: Every morning when I check the news, another tragedy has erupted - another disaster has left us devastation in its wake – another evil person has taken the lives of innocent people – more leaders have turned to threats instead of peace. And switching to social media leaves no relief – when I once saw memes and birthday wishes, I overwhelmingly see more and more cries for help. This network of anxiety, insecurity, and frustration is what the world has become. We have to secure and fortify our spirits not to be overtaken by the cares of this world.

1. The Power of the Inner Me (vs 10)

- a. The Source of our energy is God Himself. Philippians 4:19
- b. The means that we draw our strength from the power of His might. James 4:8
- c. When we put our faith in God, then the Lord’s power becomes the power we need. Philippians 4:13
- d. There is a battle all around us, don’t throw in the white flag!

2. The Purpose of the Enemy (vs 11-12)

- a. The enemy is the Devil - Slanderer, Accuser John 10:10
(the word “wiles” in verse 11 is the same word from our English word “method”. It refers to craftiness and trickery.)
- b. The Devil is a spiritual enemy who works in a practical and meaningful way! Acts 5:3
- c. Too often, we are guilty of fighting the wrong foe! (the real enemy is the Devil)
- d. Committing to too many spiritual works or things plays into the hands of the enemy.
 - Lloyd Jones penned these vices:
 - *Too much conversation*
 - *Arguments, debates*
 - *Laziness, lethargic, weariness*
 - *Too much foolish talk and joking*
 - *Love of money and career*
 - *A desire for respectability and image*
 - *An unequal yoking with someone*
 - *A wrong attitude towards God or doubting the word of God*

3. The Prerequisite of God’s Synergy (vs 17-19)

- a. The unity of God’s Armor
 - Our equipment that is designed to defend
 - The girdle of truth
 - The breastplate of righteousness
 - The shoes of the Gospel
 - The Shield of Faith
 - The helmet of Salvation
 - The Sword of the Spirit
- b. As believers in Jesus Christ, we are engaged in spiritual warfare with unseen wicked forces. To overcome our enemy we must remain resolute!