



Pastor Titus A. White, Sr.

Wednesday, May 14, 2025

**WOW – Word on Wednesday**  
***The Enemy of Your Mentality***  
***(How are You Really?)***  
***1 Kings 19:1-8***

**Intro:** Elijah was a mighty man of God who was used by God in a wonderful way during his lifetime. Elijah steps onto the stage of history, from nowhere, with a bold pronouncement for King Ahab. After that moment we see his life literally unfold to brokenness, mental meltdown and even suicidal thoughts. But God's hands were upon his life as he took this unknown prophet and formed him into the man of God.

**1. The Circumstances that crippled him (vs 1-4)**

- a. He saw the wrong things. Psalm 121:1
  - It's always dangerous when you start looking at things instead of the Lord.
  - Most people are defeated by what we see, not what we know. 2 Corinthians 4:8  
Giants only die when they are killed!!
  - Here are the three ways to conquer giant problems:
    - Choose the **right battles** Psalm 18:39
    - Choose the **right thinking** Philippians 4:8
    - Choose the **right weapons** Ephesians 6:10
  - Everyone has two eyes but not the same view!
- b. He sought the wrong things.
  - He requested for himself that he might die.
  - He was more concerned about getting his own way. Philippians 2:3
  - Our problem is we often put self in front of God's will for our lives. Psalm 119:36

**2. The Compassion that calmed him (vs 5)**

- a. Notice God's gentleness - no rebuke, just a tender touch
- b. Notice God's grace - instead of judgment the Lord gave him grace
  - The grace of God's presence – never alone! Hebrews 13:5
  - The grace of God's provision – God met his needs even when Elijah was going the wrong way. Jeremiah 29:11  
Romans 2:4

**3. The Confrontation that cured him (vs 9)**

- a. God confronted his **actions**: God did not call Elijah to live in a cave - but to stand for the Lord!
  - God did not save us to become discouraged and defeated.
  - There are times when God will confront us to conform us! James 4:6
- b. God confronted his **attitude**:
  - Elijah wanted to see the spectacular and the majestic;
  - God had to teach him to look at the little things. Luke 16:10
  - Too often, we get defeated when God does not do the big things in our lives.

- If we learn to praise Him for the little things, we would have plenty to praise Him for!
- c. God confronted his **assumptions**:
- He assumed that he was forsaken – God reminded him that he still had 7,000 pure hearts in Israel.
  - He assumed that he was finished – Elijah thought his life and ministry were over, and he was ready to die.
  - But God reminded him that he still had big plans for Elijah's tomorrow.
  - We need to be very careful when we start to live on assumptions.
  - Too often our assumptions fail to take into account the Sovereignty of God!