



Pastor Titus A. White, Sr.

Wednesday, August 6, 2025

WOW: Word on Wednesday

2025 Theme: Building A Better Body, Belief & Behavior

“Fruitful Fatigue”

Galatians 6:9

Introduction: No matter how strong we start, time has a way of eroding our zeal. No matter how good the effort is initially, times train wears us out. No matter how righteous the thing is, we grow weary of it. The worst enemy of enthusiasm is time. Fatigue isn't failure – it's often the evidence of faithful labor. A wise Pastor once said, “Anything good done in this world is done by tired people”. And Eugene Peterson said, “It takes a long obedience to go in the same direction”. Tonight's lesson will invite us to reframe weariness not as a warning to quit, but as a marker of meaningful work!

1. Implications of Our Belief

- a. What we are today is due to what we did yesterday!
 - i. Our position, attitude, character is the result of our actions in the past. Philippians 3:13
 - ii. We cannot lay blame on heredity, environment, parents, family, or society. James 5:16
 - iii. Such things influence us only to the degree that we let them.
 - iv. We must accept responsibility for our actions, for God will demand it of us one day! Romans 14:2
- b. What we are tomorrow will be due to what we do today! 2 Corinthians 5:17
 - i. We can change if we do not like what we are today.
 - ii. But change comes slowly, not overnight.
 - iii. We must begin sowing today if we want to reap tomorrow!

2. Applications of our Behavior (We become what we do!)

- We are given two options: sow to the flesh or to the Spirit (*Galatians 6:8a*)
- a. Sow to the Flesh Romans 8:1
 - i. Those who sow to the flesh reap corruption (sorrow, disease, damnation).
 - ii. They will not inherit the kingdom of God!
- b. We should sow to the Spirit
 - i. By doing good to all, especially to the brethren.
 - ii. By showing love in comfortable situations. Galatians 6:1
 - iii. Paul writes of reaping everlasting life, when we sow in the spiritual things. 2 Peter 3:18

3. Dedication of our Body (We should not grow weary!)

- a. There is a need for patience and perseverance.
- b. Our labor is not in vain. 1 Corinthians 15:58
- c. The reaping will come at the proper time even though our bodies are beaten, battered, broken, and bruised.