

VI. Needs to Tear Down Every Enemy Stronghold in their Life

- a. Identify the root lies: strongholds rarely begin with behavior. They usually start as false beliefs or emotional wounds. 2 Corinthians 10:4-5
- b. We must identify destructive lies and replace them with truth. 2 Samuel 22:2-3
- c. We must actively rely on our spiritual practices to change old behaviors. Psalm 27:1

VII. Needs Weapons for the War

- a. God's divine power and His knowledge – God has already given us everything we need for life and godliness. 2 Peter 1:3
 - 1. **Belt of Truth** – anchoring your life in God's truth to guard against deception.
 - 2. **Breastplate of Righteousness** – Guarding your heart and maintaining moral integrity.
 - 3. **Shoes of the Gospel of Peace** – Standing firm in the peace and foundation that the Gospel provides.
 - 4. **Shield of Faith** – Used to extinguish the “flaming arrows” of doubt, fear, and temptation.
 - 5. **Helmet of Salvation** – Protecting your mind and thoughts with the assurance of your salvation.
 - 6. **Sword of the Spirit** (*The Word of God*) – Our primary offensive weapon and can combat lies, lust and overcome temptation.