



Wednesday, August 26, 2026

WOW – Word on Wednesday
The Blueprint for Powerful Practical Living!
Ephesians 4:16-32

Intro: In his letter to the Ephesians, Paul gives a power passage that serves as God’s practical blueprint for daily living. The Apostle Paul challenges us to stop drifting through life on autopilot and make a conscious, radical shift. He uses the vivid imagery of changing clothes – instructing us to strip off our old, toxic behaviors and putting on a brand-new identity rooted in Christ.

1. Connected to Growth (vs 16)

- **The Concept:** The Church is like the human body. It is connected to Christ with many parts. 1 Corinthians 12:27
Romans 12:4-5
- **The Process:** Every part must do its specific job for the body to grow.
 - The catalyst for this growth is that members must support each other in love. Colossians 2:19
 - When the body is working together, it becomes a great witness for the Lord.

2. Consciousness of the Church (vs 17-24)

- **The Warning Paul Gives:** Do not live like the world with a hardened heart and confused thinking. 2 Corinthians 5:17
- **The Worldliness:** Take off your old, corrupted thinking like a set of dirty clothes. Romans 12:2
- **The Renewal:** Let the Holy Spirit completely renew your inner thoughts and attitudes. Colossians 3:9-10
- **The New Outfit:** Put on the new you, created to look like God in true righteousness.

3. Rules for the Renewed Life (vs 25-32)

- **Truth over Lies:** Stop lying one to another because we all belong to the same body. Proverbs 18: 21
- **Healthy Anger:** Do not let anger drive you to sin – resolve conflict before the night ends. James 1:19-20
- **Honest Work:** Paul says don’t steal with an honest laborer – that he may share the wealth. 1 Thessalonians 3:10
- **Clean Speech:** Avoid talking negative, no foul mouth, or gossip, but rather use words to build up!
- **Don’t Grieve God:** Our bad attitudes and bitter actions bring sorrow to the Holy Spirit. Philippians 4:8
- **Our Action:** Choose kindness and tenderhearted compassion over bitterness. Colossians 3:13
- **The measure of our forgiveness** – forgiving others as Christ forgave us. Matthew 6:14